

Clara continued to get better and win races. She even made it onto Canada's cycling team for the 2000 Olympics in Sydney, Australia.

Then Clara got sick. She started the Olympics feeling shaky and weak.

Rain poured down during the road race at the Olympics. Clara finished far behind the leaders. But many of the other racers gave up and didn't complete the race. Clara was proud that she didn't quit.

In her second race, Clara placed sixth. She won no medals at this Olympics.

But Clara felt awesome. She now knew herself better as a person and athlete. Difficult things were easier to cope with, thanks to learning from her doctor and from Peter. Clara accepted her performance and was happy with how she had competed.

Clara knew she would always need to work on her well-being. But she appreciated her progress. Now it was time for a new challenge.

