



**Choices**<sup>®</sup>

**Your Health & Life Skills Guide**

## Editorial Calendar

[choices.scholastic.com](http://choices.scholastic.com)

# Spring 2025

| February   | March   | April   | May  |
|--|---|---|--|
| Feature: How to cook (almost) anything                 | Debate: Should you be polite to chatbots?               | Feature: Everything teens need to know about sleep  | Feature: What to know about teen trafficking               |
| Profile: A teen who is an open-water swimmer           | Feature: The dreaded doctor's visit                     | Profile: A teen with autism                         | Feature: Everything you need to know about sunscreen       |
| Career inspiration: On the job with a basketball coach | Profile: Teens who created a baseball team for refugees | Feature: Myths and facts about bullying             | Debate: Are movies better in theaters or at home?          |
| Feature: A user's guide to consent                     | Feature: Facts and myths about budgets                  | Career inspiration: On the job with an orthodontist | Profile: A teen who's training to be a professional dancer |

# Fall 2025

| September   | October  | November   | December/January                                  |
|---|--|--|---|
| Feature: Back-to-school goal setting              | Feature: Staying safe online                       | Feature: Healthy highs to boost your mood          | Feature: Making achievable resolutions            |
| Feature: Alcohol facts and myths                  | Feature: Healthy snack swaps for your cravings     | Debate: Should texting and walking be banned?      | Feature: Easy exercises to get your blood pumping |
| Profile: A teen who built an inclusive playground | Debate: Should you keep money you find?            | Guide: How to do laundry                           | Career inspiration: On the job with an architect  |
| Guide: Healthy teen and gums                      | Profile: Teens helping elders in their communities | Career inspiration: On the job with a mail carrier | Guide: How to fight fair                          |

# Spring 2026

| February                                       | March   | April  | May  |
|--|---|--|--|
| Profile: A teen who trains guide dogs          | Feature: Organizing your space                      | Debate: Should community service be mandatory? | Debate: Should you have assigned summer reading? |
| Guide: How to keep your feet healthy and clean | Profile: Teens offering safe rides to teens         | Feature: Are you addicted to your phone?       | Guide: Staying fit over the summer               |
| Debate: Is it OK to wear PJs to school?        | Feature: How to make friends anywhere               | Career inspiration: On the job with a florist  | Profile: Meet a teen musical theater star        |
| Feature: How to score a part-time job          | Career inspiration: On the job with a dermatologist | Feature: How to ace an interview               | Feature: Find your hobby                         |